## **JUNE ACTIVITIES & EVENTS**

## Intro to Fitness

Monday, June 19th | 6:00pm at Great Festival Park Learn how to use the outdoor fitness equipment at Great Festival Park and how to get the best workout for your health and fitness goals. Complimentary. RSVP to activities@lakearrowheadga.com by June 18th.





## Canvas & Cocktails

Wednesday, June 21st | 6:00pm to 8:30pm at The Highlands Grill

Enjoy an artistic evening with your friends and neighbors!

No experience is necessary to create a beautiful painting with step by step instruction. Remember to wear paint friendly clothing.

Cost is \$25 per person. All supplies provided. Cocktail service available.

RSVP to activities@lakearrowheadga.com.

# FAMILY NIGHT at Red Cloud Pool

Saturday, June 24th | 5:00pm to 8:00pm

Bounce House Water Slide!
The Highlands Grill will have Burgers,
Dogs, Beverages and more.

For more information contact activities@lakearrowheadga.com.

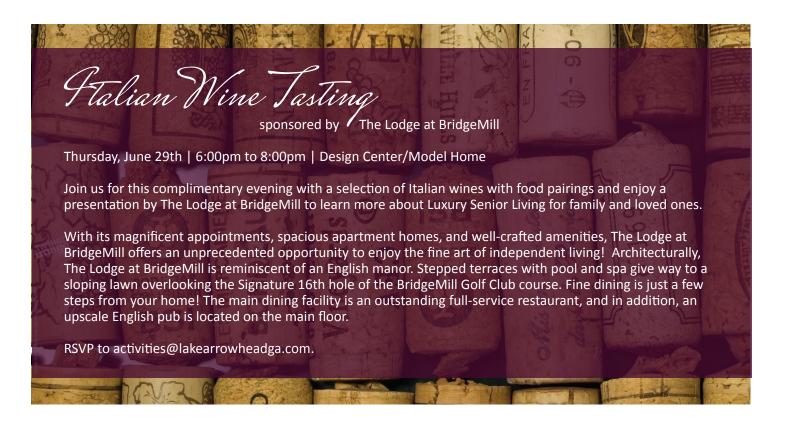
## Autumn Hill HERB GARDEN CONTAINER CLASS

Wednesday, June 28th | 6:00pm

Learn how to build an herb garden container at this hands-on make & take class presented by Autumn Hill Nursery. There will be an assortment of plants to choose from. Pots, soil and plants provided. \$30 per container (includes 5 plant choices). Additional herbs available to purchase and add to your container or garden.

RSVP to activities@lakearrowheadga.com.







#### **MASSAGE THERAPY**

Second Tuesday of Every Month 60 to 90 minute sessions available beginning at 10:00am at the Clubhouse. Book your session with Licensed and Certified Massage Therapist, Jan Shelby, at 404.538.2308 and rejuvenate your body, improve your golf, tennis and daily activity. Gift certificates available.

Cost: 1 hour - \$70, 90 minutes - \$100.

# Water Aerobics

Monday/Friday at Great Festival Wednesday at Red Cloud

Classes begin at 11:30am. Please bring a water noodle. Pool Shoes recommended. \$4 per participant per class or \$40 for the month. For additional information, contact Loui at 770.262.6384 or email activities@lakearrowheadga.com.

### **BRITISH SOCCER CAMP**

The #1 Soccer Camp in the US & Canada is coming to Lake Arrowhead!

Dates: June 12th - 16th

Time 9am-10am 10:30am-12pm 9am-12pm 9am-4pm Session First Kicks Mini Soccer Half Day **Full Day** 3-4 yrs. 4-6 yrs. 6-14 yrs. 9-15 yrs. Ages \$95 \$115 \$145 \$205 Cost/week

Full day campers have the option to swim from 1:00-2:00pm. All campers should bring plenty of water, a snack (lunch if full day) and appropriate athletic wear. Camp times may change based on registration. A full week of British Soccer Coaching at Great Festival Park. Register online at challengersports.com.

